



Personalisation & Self Directed Support

Carers Conference

**Dewars Centre
22 November 2018**

*your
Life
your
Choice*



Personalisation



Personalisation is a social care approach described by the Department of Health as meaning that “every person who receives support, whether provided by statutory services or funded by themselves, will have choice and control over the shape of that support in all care settings”.



Conversation



Collaboration



My Journey • My Choice



The Carers (Scotland) Act 2016



Do you support a parent, partner, child, sibling or friend as a result of their illness, condition or disability?

If so, you are an unpaid carer.



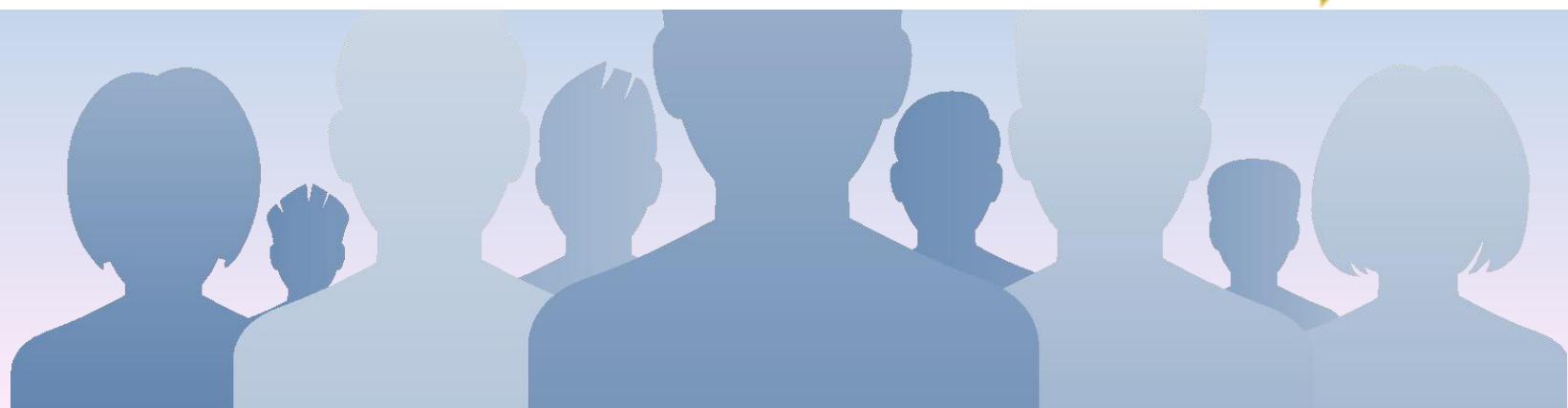
Perth and Kinross Health and Social Care Partnership

Until
1 April

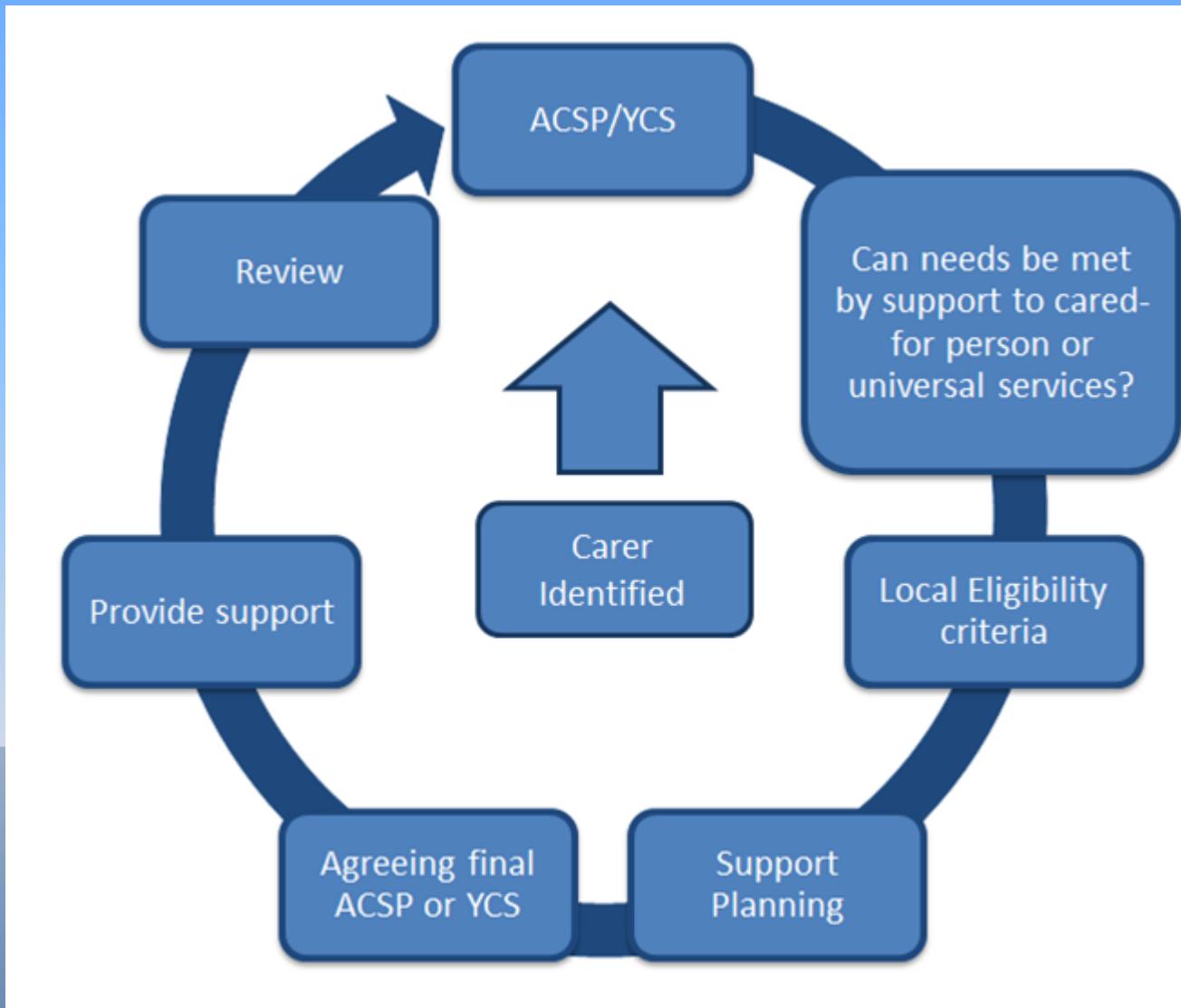
PKC can provide support to carers via a carers assessment, but do not have a specific legal duty to do so.

After 1 April

Carers assessments are replaced by ACSP. PKC has a new statutory “**duty**” to support carers that meet local eligibility criteria.

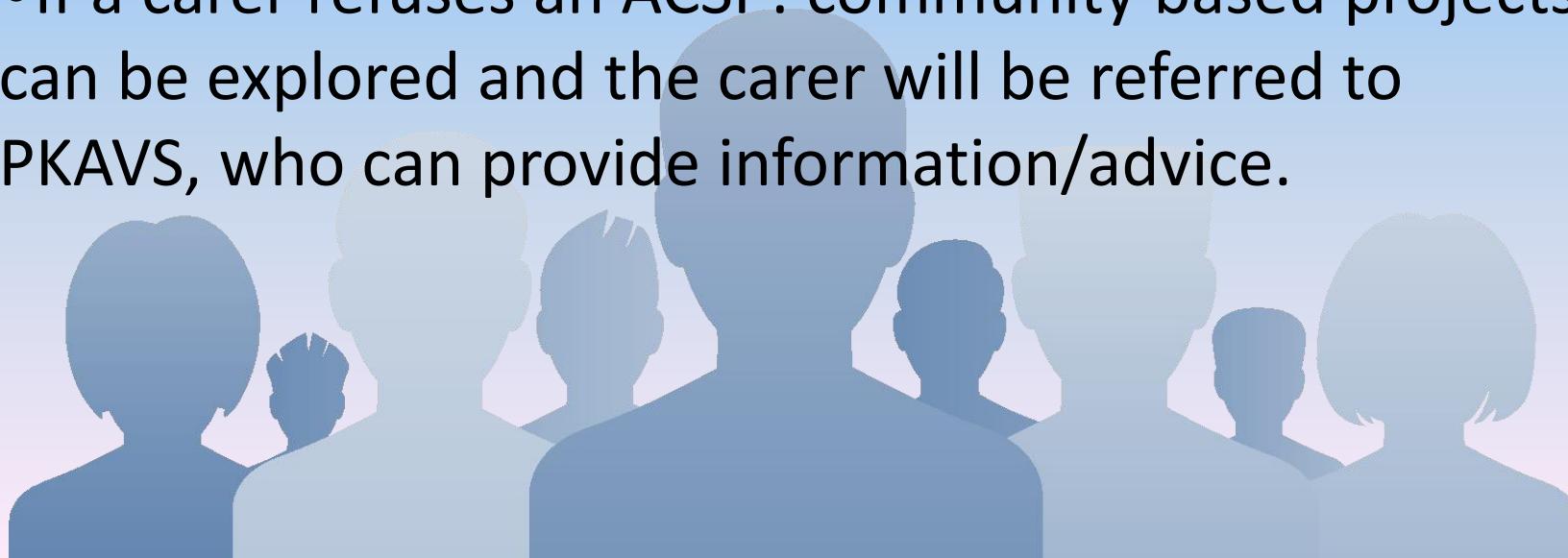


Perth and Kinross Health and Social Care Partnership



Adult Carer Support Plan (ACSP)

- Duty to offer or to prepare an ACSP
- If a carer accepts an ACSP: the Local Authority can provide support under statutory power/duty.
- If a carer refuses an ACSP: community based projects can be explored and the carer will be referred to PKAVS, who can provide information/advice.



Self-directed support (SDS) allows people to choose how their support is provided, and gives them as much control as they want.

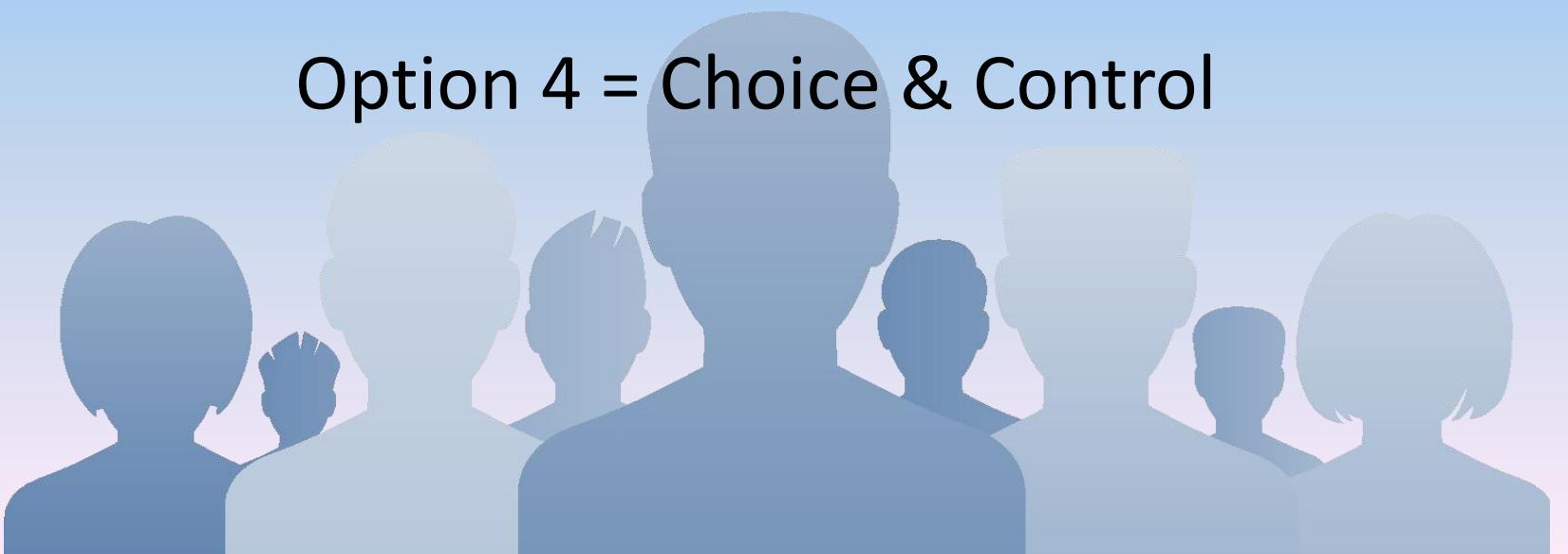


Option 1 = Choice & Control

Option 2 = Choice & Control

Option 3 = Choice & Control

Option 4 = Choice & Control

A row of stylized, semi-transparent human silhouettes in various shades of blue and grey, representing a diverse group of people. The silhouettes are arranged horizontally across the bottom of the slide, partially overlapping the text in the fourth option.



Self Directed Support Project



Helping unpaid Carers to understand Self Directed Support and access community based services



Our project wants to ensure that:

- Carers know about and understand Self Directed Support.
- Carers feel more informed, listened to and less stressed about the process
- Carers are more prepared and confident to engage with Self Directed Support.





SUPPORT CHOICES

Independent information about **self-directed support**

Help to get social care and support in rural areas

Support Champions who will share information in local communities

SUPPORT CHOICES



- We work with people to develop strong inclusive communities
- Developing activities and services led by people in that community
- Trying out innovative approaches
- Linking up with other places
- Began in 2004, working across Scotland
- Also part of the Rural Wisdom project with people in Wales – includes Highland Perthshire



- We have delivered a Self Directed Support project in Highland Perthshire
- Helped create community enterprises – turning options into opportunities
- Strong rural community network
- Our support is flexible, creative and led by peoples experiences
- Understanding of Scotland-wide SDS Agenda